Menu Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Main courses	Main courses	Main courses	Main courses	Main courses
Chicken pasta bake	Roast Beef & Yorkshire	Sausage	Spaghetti Bolognaise	Fish Fingers
Or	pudding	Or	Or	Or
Cheese & Tomato pizza (V)	Or	Cheese & Onion Pie (V)	Quorn burger in a bun	Quorn Bolognaise Bake (V)
or	Veggie Quorn Lasagne (V)	Or	Or	Or
Jacket Potato with Hot and	Or	Jacket Potato with Hot and	Jacket Potato with Hot and	Jacket Potato with Hot and
cold fillings	Jacket Potato with Hot and	cold fillings	cold fillings	cold fillings
Or	cold fillings	Or	Or	Or
Grab Bag	Or	Grab Bag	Grab Bag	Grab Bag
(sandwich, 2 five a day,	Grab Bag	(sandwich, 2 five a day,	(sandwich, 2 five a day,	(sandwich, 2 five a day,
yoghurt and cake/biscuit)	(sandwich, 2 five a day,	yoghurt and cake/biscuit)	yoghurt and cake/biscuit	yoghurt and cake/biscuit
	yoghurt and cake/biscuit)			
Vegetables & Potatoes	Vegetables & Potatoes	Vegetables & Potatoes	Vegetables & Potatoes	Vegetables & Potatoes
Salad or	Creamed potatoes	Wedges	Garlic bread	Chips
Half Jacket	Carrots	Baked Beans	Salad	Peas
	Broccoli	Peas	sweetcorn	Baked Beans
			New Potatoes	
Desserts	Desserts	Desserts	Desserts	Desserts
One From the following	One From the following	One From the following	One From the following	One From the following
Pineapple sponge and	Dorset Apple Cake & custard	Arctic Roll	Chocolate Sponge & mint	Cornflake Tart
custard	Or	Or	custard	Or
Or	Brownie	Brownie	Or	Brownie
Brownie	Or	Or	Brownie	Or
Or	Fresh fruit	Fresh fruit	Or	Fresh fruit
Fresh fruit	Or	Or	Fresh fruit	Or
Or	Yoghurt	Yoghurt	Or	Yoghurt
Yoghurt			Yoghurt	

Menu Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Main courses	Main courses	Main courses	Main courses	Main courses
Beef burger in a bun	Shepherd's Pie	Roast Turkey & Yorkshire	Chicken Tikka Masala	Fish Fingers
Or	Or	Pudding	Or	Or
Veggie Quorn Curry (V)	Quorn Sausages & Onion	Or	Quorn Cottage Pie (V)	Cheese & Bean Wrap (V)
or	Gravy (V)	Cheese Whirl (V)	Or	Or
Jacket Potato with Hot and	Or	Or	Jacket Potato with Hot and	Jacket Potato with Hot and
cold fillings	Jacket Potato with Hot and	Jacket Potato with Hot and	cold fillings	cold fillings
Or	cold fillings	cold fillings	Or	Or
Grab Bag	Or	Or	Grab Bag	Grab Bag
(sandwich, 2 five a day,	Grab Bag	Grab Bag	(sandwich, 2 five a day,	(sandwich, 2 five a day,
yoghurt and cake/biscuit)	(sandwich, 2 five a day,	(sandwich, 2 five a day,	yoghurt and cake/biscuit	yoghurt and cake/biscuit
	yoghurt and cake/biscuit)	yoghurt and cake/biscuit)		
Vegetables & Potatoes	Vegetables & Potatoes	Vegetables & Potatoes	Vegetables & Potatoes	Vegetables & Potatoes
Potato Wedges	Creamed Potatoes	Roast potatoes	Rice	Chips
Rice, Nan Bread	Carrots	Peas	Nan	Baked Beans
Sweetcorn	Broccoli		Sweetcorn	Peas
Desserts	Desserts	Desserts	Desserts	Desserts
One From the following	One From the following	One From the following	One From the following	One From the following
Sultana sponge & custard	Apple & Blackberry Crumble &	Fruit Jelly & Ice Cream	Cherry Crumble & custard	Paris sandwich & Custard
Or	Custard	Or	Or	Or
Flapjack	Or	Flapjack	Flapjack	Flapjack
Or	Flapjack	Or	Or	Or
Fresh fruit	Or	Fresh fruit	Fresh fruit	Fresh fruit
Or	Fresh fruit	Or	Or	Or
Yoghurt	Or	Yoghurt	Yoghurt	Yoghurt
	Yoghurt			

Menu Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Main courses	Main courses	Main courses	Main courses	Main courses
Lasagne	Meat & Potato Pie	Roast Chicken & Yorkshire	Hot Dog	Crispy Battered Fish
Or	Or	Pudding	Or	Or
Veggie Quiche	Tomato & Basil Pasta	Or	Quorn Meat Ball Pasta Bake	Quorn Hotdog
or	Or	Cauliflower and Broccoli Bake	Or	Or
Jacket Potato with Hot and	Jacket Potato with Hot and	Or	Jacket Potato with Hot and	Jacket Potato with Hot and
cold fillings	cold fillings	Jacket Potato with Hot and	cold fillings	cold fillings
Or	Or	cold fillings	Or	Or
Grab Bag	Grab Bag	Or	Grab Bag	Grab Bag
(sandwich, 2 five a day,	(sandwich, 2 five a day,	Grab Bag	(sandwich, 2 five a day,	(sandwich, 2 five a day,
yoghurt and cake/biscuit)	yoghurt and cake/biscuit)	(sandwich, 2 five a day,	yoghurt and cake/biscuit	yoghurt and cake/biscuit
		yoghurt and cake/biscuit)		
Vegetables & Potatoes	Vegetables & Potatoes	Vegetables & Potatoes	Vegetables & Potatoes	Vegetables & Potatoes
New Potatoes	Mixed Veg	Side salad & garlic bread	Wedges	Chips
Garlic Bread	Crusty Bread	Baby boiled potatoes	Sweetcorn	Peas
Salad		Crusty bread		Baked Beans
Desserts	Desserts	Desserts	Desserts	Desserts
One From the following	One From the following	One From the following	One From the following	One From the following
Banana & custard	Chocolate & Orange Roly Poly	Apple Crunch & Custard	Cherry Sponge & custard	Lemon Sponge & custard
Or	& Custard	Or	Or	Or
Muffin	Or	Muffin	Muffin	Muffin
Or	Muffin	Or	Or	Or
Fresh fruit	Or	Fresh fruit	Fresh fruit	Fresh fruit
Or	Fresh fruit	Or	Or	Or
Yoghurt	Or	Yoghurt	Yoghurt	Yoghurt
	Yoghurt			